



Canyon Manor Newsletter

May 2019

Volume 3, Number 5



Group of the Month

Music group is a time where clients can enjoy listening to various artists. Each week a different genre is played. This is appreciated as many like different types of music.

Clients may request favored songs. "Name This Song" is played by the residents. A point is given to clients for the correct track name, another for knowing the artist. A five dollar gift card is granted once a week to the client who can name the title of the most tracks and artists.



Earth Day 2019

Canyon Manor celebrated Earth Day

with a special staff gardening party. The purpose was to prepare the garden for the new Gardening Group. Many staff, retired and new, came to help prep the planters, pull weeds, push wheelbarrows, and spread new soil. Now gardening group can begin with the prep work already done. Up to six clients will be able to go to the garden to start new plants and nurture them. The group will be once a week on Mondays.



Getting to Know Our Staff

Rasy Soeur is the evening medication nurse. He is a Licensed Psychiatric Technician, and graduate of Delta College. He was born and raised in California. He moved to the Bay Area after graduating from Delta College and started working at Canyon Manor shortly after. He initially aspired to be a teacher but decided to use those skills with our clientele. He is great with medication education for the clients such as what a medication is for. In his spare time, he enjoys going to the gym and gardening. He greatly appreciates the start of the new gardening group for the residents.

Monthly Special Outing



The Special Outing this month may be McNear's Beach if the weather permits.

Contact Us

Payphone numbers for clients

415-897-9752

415-897-1562

Canyon Manor

415-892-1628

Social Services Workers

Jim (Manager)- ext. 319

Rachel- ext. 317

Dennis- ext. 337

Mario- ext. 318

Michlene- ext. 321

If there are any topics you'd like to see addressed in the newsletter, please let us know by calling Rachel at 415-892-1628 Ext 317

If you feel you have received this letter in error or are not interested in continuing to receive it, please call Rachel to be taken off the mailing list at 415-892-1628 Ext 317



May Activities

There are three holidays celebrated in May. The first was Cinco de Mayo. Clients enjoyed soft tacos at dinner for this holiday. In May we also had the first Barbeque of the season. Clients get a kick out of the staff cooking outdoors and joining them at the picnic tables. On Mother's Day, all female residents and especially those who are mothers received a flower. Throughout the month, art and crafts material were provided for clients to make cards for their mothers. Memorial Day is the last holiday. It will be a modified schedule with a walk and movies with snacks. Holiday and weekend pass hours will start in the morning instead of the afternoon, which is usual on weekdays. This is always enjoyed. Canyon Manor staff does their best to make holidays enjoyable for all.

