



Canyon Manor Newsletter

December 2018

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Group of the Month

Walks are held four times a week in the morning and once in the evening. A client must have been at Canyon Manor for two weeks in order to be eligible to go on the walk. The walk is the first stepping stone to passes. Clients who do not have passes take priority when deciding who can go. There is a faster and longer walk as well as a shorter slower walk. A client's gait factors in to which walk staff can take them on. When it is raining, another activity is held in the large tv room.



Christmas at Canyon Manor

Christmas and other major holidays such as Hanukah are celebrated at Canyon Manor. Information about the various holidays is posted in a community area for all to read. December's special outing is picking out a Christmas tree. Once delivered, clients decorate it while enjoying hot cocoa and holiday music. Christmas Day a nondenominational religious service is provided. Santa comes, and presents are provided to all clients after the service. The meal is similar to Thanksgiving in that clients and family will be seated and served by the staff members. Family and friends that plan to have the meal at Canyon Manor are encouraged to notify the Social Services Worker to ensure enough food has been prepared.



Getting to Know Our Staff

Our newest Social Services Worker is Darius Bruner II. Born and raised in the Bay Area, he has a Bachelor of Arts in Psychology from Seton Hall University as well as a Masters of Science in Psychology from University of Phoenix. He is currently in school working on a Masters of Social Work at Capella University. He aspires to become licensed and provide therapy to clients. He began working as a Case Manager over 8 years ago and plans on continuing for a long time as his passion is working with people and making a

Monthly Special Outing



The Special Outing this month will be picking the

Christmas Tree. After the tree is picked, it must be fire proofed. When the tree is ready it will be brought to Canyon Manor and decorated by the clients.

Contact Us

Payphone numbers for clients

415-897-9752

415-897-1562

Canyon Manor

415-892-1628

Social Services Workers Jim

(Manager)- ext. 319

Rachel- ext. 317

Dennis- ext. 337

Mario- ext. 318

Darius- ext. 321

If there are any topics you'd like to see addressed in the newsletter, please let us know by calling Rachel at 415-892-1628 Ext 317

If you feel you have received this letter in error or are not interested in continuing to receive it, please call Rachel to be taken off the mailing list at 415-892-1628 Ext 317

difference. He loves basketball, has been a Golden State Warriors fan since birth, enjoy movies, good food and enjoying life.



Holiday Passes

Clients enjoy spending time with family and friends, especially during the holiday season. Please notify the client's Social Services Worker if you plan on taking a client home as soon as possible. This gives time for medications to be requested. While celebrating the holiday, keep in mind the client may have triggers that come up during this season. Clients want to have fun with family and loved ones but also report that others around them are celebrating with champagne, beer, marijuana or other mind-altering substances. This can make it difficult for the clients to maintain their sobriety. Staff encourages family members to be mindful of these struggles and appreciates any efforts to help a client follow their treatment.



Have you missed one of the 2018 newsletters? You can access all the newsletters at <https://canyonmanor.com/newsletters/>