



Canyon Manor Newsletter

September 2018

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Monthly Special Outing



The Special Outing this month will be to McNear's Beach for games and a barbeque. With the change in weather, this may be the last beach outing of the year.

Contact Us

Payphone numbers for clients

415-897-9752

415-897-1562

Canyon Manor
415-892-1628



Group of the Month

Food is an essential pillar of life. Our goal at Canyon Manor is to provide groups that emphasize skills for independent living. Cooking group is both popular and has several benefits. We have a fully equipped kitchen. In the group six members select the recipe, prepare the food, eat, and complete the necessary clean up tasks. When appropriate, the cooking group will shop for the

ingredients to practice selecting nutritional and fresh items within the allotted budget.

Members of this group are required to be at level two or three in the Canyon Manor program. Jana, a full time Hall Charge staff, has the distinction of being our "Guest of Honor". She joins us for the dining pleasure and socialization as we eat. She includes a critique on our client prepared cuisine. Our clients take pride in their cooking accomplishments.



Getting to Know Our Staff

Jana Soto-Reeves is a Hall Charge who has been with Canyon Manor for 17 years. She started in 2001 as an on-call employee and was able to go full time after two years. She spent her first eight years on Hall 1 and then moved to Hall 3, the largest hall at Canyon

Manor, with the largest number of clients. She provides them with laundry services, hygiene reminders, and assists when clients are having difficulty. She has a love for tie dye and rock music which gives her some common interests with our clients. She also co-leads the walk for exercise group twice a week and is the "Guest of Honor" for cooking group (see picture in "Group of the Month")

