

Canyon Manor Newsletter

September 2017

Volume 1, Number 4

What is a Case Conference?

Case conferences are scheduled quarterly for every client. The treatment team which includes the Social Services Worker, Rehabilitation staff, Mental Health Worker, Medical Director, Program Director, and often the Nurse Practitioner meet to review the client's progress in treatment and addresses any obstacles. The team makes suggestions on how we can better serve each client. Adjustments are made to the individual care plan, medications are reviewed, and behavioral health plans to motivate client's growth are addressed. Conservators, Case Managers, and when appropriate, clients and family members attend these meetings. Conferences are usually twenty minutes long and take place between 9 and 10 on Wednesdays and Thursdays. Unfortunately, meeting

Our First Quarter Smoke Free

September 28th marks the end of the first quarter of Canyon Manor being a smoke free campus. Clients have managed this well and have continued to use now smoke free patio passes. Wireless headphones are a new feature available when using a patio pass. These headphones have over 800 songs of various genres. Headsets have become very popular and a motivator for clients to use patio passes. Aside from the headsets, there are also board games and a basketball arcade game. Many are still enjoying the patio passes, using these items when they are out with their peer partner.



How Does Canyon Manor Celebrate Birthdays?



Early in the month, staff outlines a themed birthday banner. Clients add to the birthday banner which has the names of those who had a birthday within the month and their birth date. This banner is hung up in the dining room throughout the month. The last Wednesday of every month there is a birthday party for all clients born in the month.

There are fun games and activities in the beginning of the party. Then those who had a birthday come in to the dining room to cut themselves a piece of cake and ice cream. After their peers come in to sing happy birthday and enjoy cake and ice cream with them.

times cannot be rescheduled outside of the hour window already available.

September Special Outing

This month the special outing will be an excursion to the movie theatre. Two movies are chosen by staff after reviewing for appropriate content. Clients vote on which one they prefer. At times, the movie show times do not allow for this and the staff has to pick the movie.

Contact Us

Payphone numbers for clients

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415-897-1562

Canyon Manor

415-892-1628

Social Services Workers

Jim (Manager)- ext. 319

Rachel- ext. 317

Marina- ext. 321

Dennis- ext. 337

Mario- ext. 318

The Fall Menu Has Begun!

The menu has changed to Fall from September 11th to December 12th. This menu brings more comfort foods and soups opposed to grilled food during the Summer menus. There will be a special meal on October 5th for Oktoberfest with bratwursts, cabbage, and potatoes. There was also a Scandinavian breakfast of pancakes with strawberries in late September.



If you feel you have received this letter in error or are not interested in continuing to receive it, please call Rachel to be taken off the mailing list at 415-892-1628 Ext 317